INSTRUCTIONS FOR USE

ALL INSTRUCTIONS, PRECAUTIONS AND WARNINGS SHOULD BE CAREFULLY READ AND UNDERSTOOD BEFORE USE. FAILURE TO DO SO MAY RESULT IN COMPLICATIONS.

Caution – Federal (USA) law restricts this device to sale by or on the order of a physician.

Indication for Use
To access and treat the frontal recesses, sphenoid sinus ostia and maxillary ostia/ethmoid infundibula in adults using a trans-nasal approach. The bony sinus outflow tracts are remodeled by balloon displacement of adjacent bone and paranasal sinus structures.

Description
The XprESS Multi-Sinus Dilation System is intended to remodel or recreate the sinus outflow tract via trans-nasal balloon dilation. The XprESS device combines features of a curved suction tip and a frontal ostium seeker with the tissue expansion effect of balloon dilation. The familiar features of this device enable a physician to track the device to the sinus ostium. Since the distal end of the device is re-shapeable, one balloon can be modified to work on multiple sinuses within the same patient.

Figure 1 – XprESS Multi-Sinus Dilation Device

The XprESS device curved suction tip has an atraumatic ball tip. A suction tube may be connected to the proximal barbed fitting to provide active suction by covering the suction vent. An Extension Line connected to a syringe may be connected to the proximal barbed fitting to provide irrigation. The device was designed to prevent fluid from exiting the suction vent during irrigation. The XprESS Multi-Sinus Dilation System is provided sterile and for single use only.

The Xpress Multi-Sinus Dilation System includes the XprESS device, Inflation Syringe, Bending Tool and two Extension Lines. The XprESS LoProfile and Ultra Multi-Sinus Dilation Systems also include the PathAssist LED Light Fiber. The XprESS Pro Multi-Sinus Dilation System also includes a Tuohy Adapter. XprESS is available in the following suction tip sizes and balloon sizes. All suction tips and balloon lengths are appropriate for treating all sinuses; selection is based on physician preference.

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<th>XprESS Pro</th>
<th>XprESS LoProfile</th>
<th>XprESS Ultra</th>
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<tbody>
<tr>
<td>Standard Suction Tip (2mm ball tip, 1mm ID, 1.5mm OD)</td>
<td>LoProfile Suction Tip (1.75mm ball tip, 0.7mm ID, 1.2mm OD)</td>
<td>Ultra Suction Tip (1.5mm ball tip, 0.5mm ID, 1.0mm OD)</td>
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The XprESS Multi-Sinus Dilation System has been tested to withstand multiple inflations and device tip manipulations in a surgical case wherein all 6 sinus ostia are being dilated.

Contraindications
- None known

Warnings
- Never advance or withdraw the XprESS device against any resistance. Do not use excessive force or torque to advance the XprESS device or balloon / slide assembly when positioned in any paranasal space. Such actions could lead to tissue trauma, bleeding, or device damage.
- Do not use breached or damaged packages, since the sterility and functionality of the device may be compromised.
- The XprESS Multi-Sinus Dilation System is provided sterile and intended for single procedure use only. Do not re-sterilize and/or re-use, as it may result in compromised device performance and risk improper sterilization and cross contamination.
- Do not use XprESS device in patients with known allergies to barium sulfate.
- Due to the variability of sinus anatomy, review appropriate radiographic imaging (CT scan) prior to treatment. Do not use the XprESS device to treat a hypoplastic/atelectatic maxillary sinus or atelectatic ethmoid infundibulum.
- Do not exceed the maximum recommended balloon inflation pressure of 12 atm. Over-inflation of sinus balloons can result in Serious adverse events.
- Do not use ionic or non-ionic fluoroscopic contrast solution to inflate the balloon in patients with known allergies to contrast media.
- If suction through the XprESS device lumen is used during the procedure, temporarily discontinue suction (remove finger from suction vent, disconnect suction hose from device, or clamp suction hose) at the time of balloon inflation. Suction can resume subsequent to balloon deflation. Using the XprESS device in suction mode while balloon is inflated may result in barometric trauma to sinus tissue which may lead to increased bleeding.
- As in any upper airway procedure or sinus surgery, do not use CPAP until the physician has confirmed that the tissue is adequately healed. CPAP usage prior to soft tissue healing may result in facial and/or neck swelling due to subcutaneous emphysema.
- Do not clean the XprESS device with anti-microbial agents as the compatibility of the XprESS device with these agents has not been tested.
- The XprESS device has been tested only with the XprESS Inflation Syringe. Do not attach the XprESS device to other image guidance systems. This may result in inaccurate device positioning.
- The XprESS device has been tested only with the Entellus Inflation Syringe. Do not use other inflation devices. Use of other inflation devices may result in serious patient injury.
Precautions
- Store the XprESS device components in a cool and dry place. Never use a device that is beyond its expiration date.
- Handle the XprESS device with care. Prior to use, and during the procedure, inspect the packaging and components for bends, kinks, or other damage. Discontinue the use of the XprESS device if it may have been damaged.
- Select a balloon diameter that will result in expansion of the tissue post-dilation. Do not select a balloon diameter that is larger than the bony margins of the outflow tract as this may damage the balloon.
- Pay special attention when advancing or withdrawing the balloon and slide assembly. If resistance is encountered, use endoscopy or direct visualization to help guide device out of the paranasal space and then attempt to alleviate the resistance. If the cause of resistance cannot be determined, do not use the XprESS device.
- Use direct endoscope visualization with or without PathAssist LED Light Fiber or Light Fiber to ensure accurate placement of the balloon prior to dilation. If balloon location cannot be verified image guidance or fluoroscopy can be used. If balloon location still cannot be verified, the balloon should not be inflated.
- Consider using self-limiting radiation exposure equipment when employing fluoroscopy to confirm device placement. Ensure the equipment is calibrated and maintained per the equipment manufacturer’s user manual.
- Use techniques for reducing fluoroscopic exposure when using fluoroscopy. Examples are applying pulsed beam settings, increasing target-to-panel distance, utilizing posterior-anterior projection, or using appropriate lead shield protection. Total fluoroscopy time should be limited to 30 minutes.
- When fluoroscopy is used, minimize radiation dose to the lens of the eye and other proliferating tissues due to the potential of cataract formation or injury to the surrounding tissue.
- Do not advance or withdraw a guidewire through the XprESS Pro suction/irrigation lumen against resistance. This could lead to device damage.
- Be aware that guidewires do not track through the XprESS Pro when it is bent in the recommended maxillary configuration, nor the XprESS LoProfile and Ultra in any configuration. Other methods can be used to obtain confirmation of the treatment area such as use of the PathAssist Light Fiber, direct visualization of the XprESS device with an aid of an endoscope or fluoroscopic imaging of the XprESS tip.
- Use standard larger suction tubes for removal of thick secretions or other materials. XprESS Pro has a 1mm ID comparable to that of a 5F suction tube. XprESS LoProfile has a 0.7mm ID comparable to that of a 4F suction tube. XprESS Ultra has a 0.5mm ID comparable to that of a 2.5F suction tube. All are capable of removing blood and thin mucus.
- Fully deflate the balloon and retract the balloon slide assembly before withdrawing the XprESS device from the paranasal sinus space.
- Use only liquid contrast or saline solution for inflation. Do not inflate with air.
- Consider using a new balloon if cross-contamination between sinuses is a concern.

Adverse Effects
Possible adverse effects include, but are not limited to, the following:
- Complication from anesthesia
- Damage to the lamina papyracea
- Damage of the orbital wall or other structures of the eye
- Cerebrospinal fluid leak
- Loss of vision or diplopia (double vision)
- Temporary or permanent facial / nasal pain
- Epistaxis
- Cavernous sinus syndrome
- Damage to the lacrimal sac affecting tearing
- Pneumocephalus
- Facial bruising and swelling
- Tissue inflammation
- Fever and infection
- Continued or worsening sinus symptoms
- Revision surgery

Supplies
The following supplies are not provided with the XprESS Multi-Sinus Dilation System and should be available and prepped prior to use of the device:
- Appropriate endoscopes and compatible camera system
- ≥ 50 cc of sterile saline solution or sterile fluoroscopic contrast solution or sterile water
- Needles and syringes as required for injections
- 20-30 cc syringe and Extension Line (if irrigation is to be performed)
- Suction system
- Other supplies or medication as per established laboratory protocol
- If the use of a sterile guidewire is desired (compatible with the XprESS Pro), the recommended guide wire should be sterile and ≤ 0.035 inches in diameter with a minimum length of 50 cm. Example of a guidewire that meets these requirements is the Entellus Medical Sinus Guidewire.
- If desired, Entellus Medical PathAssist™ LED Light Fiber or Light Fiber™ or Light Seeker

Optional Equipment
- Fluoroscopy may be used in conjunction with the endoscope if desired.

Instructions for Use
System Preparation
1. Prepare the Inflation Syringe and Extension Line
   a. Remove the Inflation Syringe and Extension Line from its sterile package.

Note the 3 referenced inflation syringe plunger positions:

Figure 2 - Plunger all the way in
b. Begin with the Inflation Syringe plunger all the way in (Figure 2).
c. Then submerge tip in sterile saline solution.

Figure 3 - First Click position
d. Fill Inflation Syringe by slowly drawing plunger back to second click position (all the way out) (Figure 4).

Figure 4 - Second Click position (all the way out)
e. Attach an Extension Line to the filled Inflation Syringe.
Under endoscopic visualization, track the XprESS device to the same treatment area identified above.

**Notes:** Reference marks are located 1 and 2 cm from the tip of the device. The XprESS suction tip may be re-shaped to aid in device positioning. Use device as a suction tool to maintain a clear visual field during device positioning. Cover suction vent with finger to allow suction.

3. Advancing the balloon to the treatment site

Under endoscopic visualization, fully advance the balloon slide mechanism forward to position the balloon within the sinus opening.

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**Figure 5:** Alignment between Distal Seal and Distal Mark

**Alignment between the Distal Seal and the Distal Mark Corresponds to 12am**

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**Figure 6:** Frontal Bend

**Figure 7:** Sphenoid Bend

**Figure 8:** Maxillary Bend

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**Re-shaping the XprESS Device Suction Tip to Treat Multiple Sinuses**

- When treating multiple sinuses, it is recommended to complete balloon dilation of the frontal or sphenoid sinuses prior to treatment of the maxillary sinuses.

- **Frontal Sinuses:** When treating the frontal recesses, a large radius curve similar to a frontal sinus seeker (Figure 6) is recommended. This is the shape/cure provided in the package.

- **Sphenoid Sinuses:** When treating the sphenoid sinus ostia, a slight bend (Figure 7) is recommended.

- **Maxillary Sinuses:** When treating the maxillary ostial/ethmoid infundibula, a bend of approximately 120 - 135° (Figure 8) is recommended to gain access to the natural maxillary ostium. Use the included Bending Tool to achieve this geometry.

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**Using Bending Tool**

- The Bending Tool should be used to achieve the proper maxillary bend. The tool also provides a frontal and sphenoid bend configuration if needed.

- **Maxillary Bending with Bending Tool:** Before shaping the maxillary bend, the device should be close to straight as shown for a Sphenoid Bend. With the bending tool in one hand, position the ball tip into the ball holder in the bending tool (Figure 9). Place a finger at about the 2cm mark on the suction tip and use this finger to form the Maxillary Bend (Figure 10).

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**System Operation**

1. Locate the sinus structure using one of the following confirmation methods:
   a. **Direct Visualization with or without Light Confirmation:** Locate the treatment area or sinus structure using XprESS with LED Light Fiber or Light Fiber. Light Seeker, a standard sinus ostium seeker and/or guidewire with the aid of an endoscope. Observe the location of the treatment area relative to the anatomical landmarks through the endoscope. Remove the Light Seeker, sinus ostium seeker or guidewire after locating treatment area.

   **Note:** If using the PathAssist LED Light Fiber or Light Fiber, refer to the Instructions for Use (IFU) for complete instructions.

   b. **CT Image Guidance:** If further confirmation of the treatment area location is desired, CT Image guidance using the fiagon Navigation System and GuideWire with XprESS Pro may be used.
      i. Attach the Tuohy Adapter to the XprESS proximal barbed fitting.
      ii. Load the lumen GuideWire through the Tuohy Adapter and working lumen of XprESS until the tip of GuideWire aligns with the tip of XprESS.
      iii. Secure the GuideWire in place by tightening the Tuohy Adapter.
      iv. Refer to fiagon Navigation System Instructions for use.

   **Note:** Do not attach the XprESS device to other image guidance systems.

   c. **Fluoroscopy:** If further confirmation of the treatment area is desired, fluoroscopy may be used. Take two orthogonal views (AP and lateral) of the sinus.

   The XprESS device suction tip is stainless steel and is visible under fluoroscopy. The balloon will be proximal to the tip of the device.

2. Under endoscopic visualization, track the XprESS device to the same treatment area identified above.

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3. Advancing the balloon to the treatment site.

Under endoscopic visualization, fully advance the balloon slide mechanism forward to position the balloon within the sinus opening.
4. Prior to inflating balloon, disconnect the use of suction (remove finger from suction vent, disconnect suction hose from device, or clamp suction hose) to decrease the risk of sinus barotrauma.

5. Balloon dilation of the treatment site.
   a. Slowly depress the plunger rod to inflate the balloon. The pressure should be increased slowly (3-5 seconds) until the orange piston bottoms out (distal black seal of the piston reaches the distal black mark on the Inflation Syringe – see Figure 5). If these do not align, deflate the balloon and remove the XprESS device and perform a test inflation (as described in steps 2.d and 2.e of the System Preparation section). Alignment of the distal mark and distal seal will ensure that 12 atm of pressure is reached.
      **Note:** Do not use air or any gaseous medium to inflate the balloon.
   b. When using the 8mm length balloon in the frontal recess, multiple inflations may be needed in order to achieve the desired result. Partially retract the balloon slide mechanism between inflations using the 5mm handle reference marks to ensure full length treatment. Typically 2-3 inflations are needed to treat the frontal recess with an 8mm length balloon. See Figure 11.

   ![Figure 11: Handle Marks for 8mm Length Balloon](image)

   c. Inflate the balloon until the desired result is achieved or until it reaches 12 atm. Inflate the balloon for up to 20 seconds (less than or equal to 20 second), observe that the balloon is inflated endoscopically.
      **Note:** Do not exceed 12 atm.
   
   **Warning:** To avoid barometric trauma to sinus tissue, do not use device in suction mode (remove finger from suction vent, disconnect suction hose from device, or clamp suction hose) while balloon is inflated.

   d. Deflate the balloon by retracting the Inflation Syringe plunger rod to the second click position and retracting the XprESS balloon slide mechanism. Observe the results endoscopically.
   
   e. Perform additional inflations if needed until desired result is achieved. Typically 1-2 inflations are performed per sinus with an 18mm length balloon and 1-3 inflations per sinus with an 8mm length balloon.
      **Note:** To irrigate the sinus, fill a 20-30cc syringe with sterile saline. Connect the syringe to a flexible extension line and purged air. Connect Extension Line to proximal barbed fitting and flush through suction/irrigation lumen as desired. The suction vent does not need to be covered during irrigation.

6. Remove device from treatment site.
   
   When the sinus outflow tract has been adequately dilated, deflate the balloon (by retracting the Inflation Syringe plunger rod to the stop position and retracting the XprESS balloon slide mechanism) and remove the XprESS device from the treated sinus.

7. If necessary, clean up the ostium site by cutting or removing flaps of tissue, fragments of exposed bone, or any other bone and mucosa that may obstruct or otherwise prevent re-establishment of ventilation and drainage of the sinus.

8. Prepare balloon for dilation of additional sinuses (if desired).
   a. Gently advance the plunger rod into the syringe barrel to slightly expand the balloon to remove any wrinkles using minimal pressure.
   b. Clean the balloon prior to introduction into another sinus. This may be done by wiping the balloon with sterile wet gauze or dipping the balloon in sterile saline or sterile water.
   c. Pull back on the plunger rod to the second click position to apply vacuum to the balloon.

9. Repeat the same procedure to treat additional sinuses if desired.
      **Note:** The XprESS suction tip may be re-shaped to treat additional sinuses (see Figures 6-8).

10. After completing the entire procedure, dispose of the devices and all waste products according to appropriate environmental health safety guidelines.

**How Supplied**

The XprESS Multi-Sinus Dilation System is provided sterile and is intended for single-use only. Do not re-sterilize and/or re-use, as it may result in compromised device performance and risk improper sterilization and cross contamination. Do not use breached or damaged packages, since the sterility and functionality of the device may be compromised.

**Limited Warranty**

Entellus Medical, Inc. warrants that reasonable care has been used in the design and manufacture of this device. Entellus Medical excludes all other warranties, whether expressed or implied, by operation of law or otherwise including, but not limited to, any implied warranties of merchantability or fitness since handling and storage as well as other factors relating to the patient, diagnosis, treatment, medical procedures, and other matters beyond Entellus Medical’s control, directly affect the device and the results obtained from its use. Entellus Medical shall not be liable for any incidental or consequential loss, damage or expense, directly or indirectly arising from the use of this device. Entellus Medical neither assumes, nor authorizes any other person to assume for it, any other or additional liability or responsibility in connection with this device. Refer to Entellus Medical, Inc. Standard Terms and Conditions.

**Symbols**

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Not made with natural rubber latex.

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